

Respite!

Saturday, April 25th 1:00pm-4:00pm

**Easter Seals Central Texas
1611 Headway Circle, Bldg. 2
Austin, TX 78754**

Parents of children with special needs ages 0-8 are invited to take an afternoon off! Drop your children off for a fun, social experience facilitated by ABA Today while you enjoy some time to yourself. Siblings under age 8 are welcome to participate as well.

- * ABA therapists will be onsite at each respite date
- * All volunteers have undergone basic ABA training and have special needs experience
- * FUN activities are led by ABA therapists to facilitate play and keep kids engaged during every minute!
- * All respite dates are provided on Saturdays afternoons when families may need the most support!



What is ABA?

ABA (Applied Behavior Analysis) is the science of behavior. ABA programs are led by BCBAs (Board Certified Behavior Analyst) who have graduate level training in behavioral principles. Therapists trained in ABA use positive reinforcement to build motivation in individuals to learn new skills (language, daily living, academics, social skills) as well as decrease unwanted behaviors (crying, tantrums, etc). It is also widely known as the most evidenced based treatment for individuals with Autism.

For more information about ABA Today services please visit www.abatoday.org.

For more information about Easter Seals Central Texas please visit www.easterseals.com/centraltx

**Registration is required, please call 512-615-6833 or
email sbravens@eastersealstx.org to sign up. Space is limited!**

Refreshments will not be provided, we encourage parents to send their children with a snack.

